

BREAKFAST

Breakfast is available from **6:30am – 8:00pm.**

BREAKFAST ENTRÉES

French Toast Sticks (4) ***

Eggs

Choose: Regular** or Whites*

Style: Scrambled or Omelet

1 Cheese: American*, Cheddar*, Swiss*

Meat: Bacon, Ham, Turkey Sausage

Veg: Pepper, Mushroom, Onion, Tomato

Breakfast Sandwich****

Bacon, Egg, and Cheese on an English Muffin

Pancakes (2) ****

Choose: Buttermilk or Whole Wheat

Add: Banana, Blueberry, or Choc Chip*

Fruit & Yogurt Bento Box****

Snack box filled with strawberry yogurt, fresh apple slices, red grapes and a Cinnamon Toast Crunch® cereal bar

CEREAL

Hot Cereal

Choose: Cream of Wheat*, Grits, or Oatmeal

Add: Cinnamon, Brown Sugar, Raisins

Cold Cereal

Choose: Cheerios, Honey Nut Cheerios*, Cinnamon Toast Crunch**, Corn Flakes, Fruity Cheerios*, Rice Krispies, Total Raisin Bran**

SIDES

Hard-Cooked Egg*

Potato Stars

Home Fries*

Bacon

Turkey Bacon

Turkey Sausage Patty

BREADS

Sliced White or Wheat Bread**

Plain Bagel**

Cinnamon Raisin Bagel**

English Muffin***

Whole Grain English Muffin****

Whole Grain Blueberry Muffin****

FRUIT & YOGURT

Applesauce

Apple Slices

Banana

Fresh Berries

Fresh Orange

Diced Peaches

Fresh Pineapple

Red Grapes

Lite Blueberry Yogurt*

Lite Strawberry Yogurt*

Lite Vanilla Yogurt*

Dairy Free Yogurt

CONDIMENTS

Salt

Pepper

Ketchup

Butter*

Margarine*

Sugar

Splenda

Brown Sugar

Cream Cheese*

Lite Cream Cheese*

Syrup

Jelly

Peanut Butter*

Sunflower Spread

Honey

Lemon Wedge

Hot Sauce*

BEVERAGES

Skim Milk*

2% Milk*

Whole Milk*

1% Chocolate Milk*

Apple Juice

Cranberry Juice

Grape Juice

Orange Juice

Wawa Lemon Iced Tea

Gatorade: Orange or Lemon-Lime

Bottled Water

Bottled Water

Hot Tea: regular or decaf

Hot Chocolate*

LUNCH & DINNER

Lunch & Dinner are available from **10:30am – 8:00pm.**

SOUPS

Broth: Beef or Chicken

Chicken Noodle***

Fire-Roasted Vegetable**

Tomato Basil*

CREATE A SANDWICH

Choose:

Hot Sandwich or Cold Sandwich

Choose Bread:

Sliced** (white or wheat)

Hamburger Roll** (white or wheat)

6" Whole Grain Hoagie Roll*

6" Flour Tortilla**

Choose 1 Cheese:

American*

Cheddar*

Provolone*

Swiss*

Choose Protein:

All Beef Patty (hot)

Crispy Chicken Breast (hot) **

Grilled Chicken Breast (hot)

Veggie Burger Patty (hot) **

Deli Ham (hot or cold)

Deli Turkey (hot or cold)

Chicken Salad (cold) **

Tuna Salad (cold) ***

Choose Toppings:

Bacon

Hummus*

Lettuce

Pickle Slices

Sliced Red Onion

Sautéed Onions

Sliced Tomato

ENTRÉES

Cold:

Whole Wheat PB&J Uncrustable®***

Hummus, Vegetable & Pita Plate***

Grilled Chicken Caesar Salad***

Buffalo Chicken Wrap***

Chicken Caesar Wrap****

Cheddar Cheese Bento Box****

Cheddar cheese cubes, carrot & celery sticks with ranch dipping sauce, apple slices and a Cinnamon Toast Crunch® cereal bar

Hot:

Chicken Tenders (3) *

Chicken Nuggets (5) **

Grilled Cheese (white or wheat) ***

Hotdog*

Chicken Parmesan***

Mini Meatball Sub***

Macaroni & Cheese***

Fish Sticks (6) ***

Baked Tilapia with Butter & Herbs***

Sautéed Shrimp*

Pizza** : Cheese, Pepperoni, or Veggie

Make Your Own: 1 Soft Shell Taco , Burrito Bowl with Rice, or Quesadilla****

Choose: Beans, Beef, or Chicken

Add: Lettuce, Cheese*, Salsa, Sour Cream*

Make Your Own Pasta

1 Pasta: Spaghetti*, Rigatoni*, or Penne*

1 Sauce: Marinara*, Alfredo***, or

Butter**

1 Meat: Meatballs*** or Chicken

Vegetable: Broccoli, Tomatoes, or

Mushrooms

Contains: Eggs*, Fish*, Dairy*, Nuts*, Soy*, Wheat*

Note: Halal meat substitutions are available upon request.

COLD SIDES

Side Garden Salad

Side Caesar Salad***

Carrots, Celery & Ranch***

Baked Potato Chips*

Whole Grain Gold Fish Crackers**

Tortilla Chips & Salsa

HOT SIDES

Fresh Broccoli

Fresh Green Beans

Carrots

Corn

French Fries*

Potato Stars **

Mashed Potatoes**

Macaroni & Cheese***

Brown Rice

Buttered Penne Pasta***

Gravy: brown or poultry***

BREADS

Sliced White or Wheat**

Dinner Roll***

Whole Grain Breadstick***

Mini Soft Pretzel*

SWEETS

Apple Pie**

Angel Food Cake****

Fudge Brownie****

Mini Choc Chip Cookies (4) ****

Mini Sugar Cookies (4) ***

Red Velvet Cupcake****

Fruit: Applesauce, Apple Slices,

Banana, Mixed Berries, Orange,

Pineapple, Red Grapes

Gelatin: Cherry, Orange

Pudding: Choc*, Vanilla**,

Mini Oreo Parfait****

Ice Cream: Choc*, Vanilla*

Fruit Ice: Cherry, Lemon

Frozen Bars: Fudge*, Strawberry

Sherbet: Raspberry*

Other: Rice Krispies Treat**,

Teddy Grahams**

CONDIMENTS

Salt

Pepper

Herb Seasoning

Butter*

Margarine*

Sugar

Splenda

Jelly

Peanut Butter*

Sunflower Spread

Honey

Lemon Wedge

Ketchup

Mustard

Lite Mayo*

Honey Mustard*

Hot Sauce*

BBQ Sauce*

Tartar Sauce*

Caesar Dressing***

Italian Dressing*

Ranch Dressing***

Parmesan Cheese*

BEVERAGES

Skim Milk*

2% Milk*

Whole Milk*

1% Chocolate Milk*

Apple Juice

Cranberry Juice

Grape Juice

Orange Juice

Wawa Lemon Iced Tea

Gatorade: Orange or

Lemon-Lime

Bottled Water

Hot Tea: regular or decaf

Hot Chocolate*



Welcome...

Our patients and families are **BERRY** important to us!



Room Service provides the **PASTABILITY** to order from a Variety of nutritious options at times convenient to each individual patient.

Hours of Operation

6:30a – 8:00p

To Order

In-Hospital: 4-FOOD
Mobile: 215-590-3663

Delivery Expectation

All meals are prepared fresh. You can expect your meal within 1 hour of placing your order.

Guests Meals

Guest Meals may be ordered through Room Service by obtaining a \$5 Guest Meal Voucher. Vouchers can be purchased at the Food Court, Gift Shop, or Online (www.chopgift.com). Vouchers ordered online will be delivered within 3 hours. To ensure patient satisfaction, we limit 3 guest trays per meal period.

Food Allergies

Patient safety is our priority. We guarantee all allergy meals will be checked and signed by a trained Food Service Supervisor prior to delivery.

Meal Guidelines

Breakfast:
1 Entrée, 2 Sides, 1 Fruit or Yogurt, 1 Bread, 1 Beverage
Lunch & Dinner:
1 Soup or Salad, 1 Entrée, 2 Sides, 1 Bread, 1 Sweet, 1 Beverage



ORANGE you glad you called?

ALTERNATE DINING OPTIONS

FOOD COURT

CHOP Main Hospital
(Atrium Level)
Hours:
Breakfast: 6:30am – 10:30am
Grab & Go: 10:30am – 11:00am
Lunch: 11:00am – 3:30pm
Grab & Go: 3:30pm – 4:00pm
Dinner: 4:00pm – 7:30pm
Overnight: 1:00am – 4:00am

GIFT SHOP

CHOP Main Hospital
(Atrium Level)
Hours:
Weekdays: 7:00am – 1:00am
Weekends: 9:00am – 1:00am

FROYO ROBOT

CHOP Main Hospital
(Atrium Level)

ABRAMSON CAFÉ

Abramson Research Center
(First floor)
Hours:
7:30am – 2:30pm
Open Monday - Friday

COSI / FOODA

Buerger Center
(First Floor)
Cosi Hours: 6:30am – 4:30pm
Fooda Hours: 11:00am – 2:00pm
Open Monday – Friday

C3 CONVENIENCE STORE

CHOP Wood Center
(First Floor)
Hours:
6:30am – 5:00pm
Open Monday – Friday

Can you find the Whole Grains?

-  Barley
-  Brown Rice
-  Buckwheat

W I C
Q Z P P G Q G W C
T M S M D E Z L B X A F C
F O G J O V W K P B Z I V B K P L
I N L N M R V A Z L A O X N V V S M L
M J Z E B S U D R Q Q R L B D K B X N X W
K S B S W K L X I S W L N N U Z X G N S T
C B S K J M S E C R Q B E J I F F E A U K Y E
X O O F F B P O Z N E C Y Z E O G S W J M W Y
M Q N R I Z J O U U N I V O W D J Y F K B F K F A
Z M O G D M W J Z T R T Z H Z X B Z J R E P S Q I
C Q Y H U A H R W N S O X U M U R U X L G F B S
T F U F U O U D H W U A B B K F G O G Q I K J E K A V
G Y I P M S C W O A W P U C N E I L C C O I R O F K M
Y A N W P U V R W G H I C K T T U M M T L R L I B A S
W O C H B B X V L H L K U Q B A Q E I M O H L Y J
I A Z V Z V U T G U G W P M S K L H T J B A J T X
O O X P Q R Q O Z Q J H G F B L C Z C O G Z S Q Z
S K I L Q R X X S J E V T I N P N V C A U U D
G K Y Y K O B D H O A W M A Q F T F T A J M F
R B N N T M R J E T H M N G I L Z S Y E X
H G S R M B Y Z M O I C C W S H S Y K E P
Y F N L M G H J G Z Q C A Z B P X A E
P D C M U O A T X U G E F G T H F
B N J Y G Z E J Y N Z B L
T J Q J D S A C T
O Z Q



Room Service

Regular Diet